



riverside  
DENTAL

# Get the Smile You've Always Wanted

Your Comprehensive Guide to a Smile Makeover

07 5455 5066

[riversidedental.com.au](http://riversidedental.com.au)

---

## Your Smile Makeover with Riverside Dental 3

Your Brand New Smile

What is a Smile Makeover?

---

## Treatment Options 4

Teeth Whitening

Porcelain Veneers

Porcelain & Gold Crowns

Bridges

Dental Implants

Dentures

Teeth Straightening

---

## Results 7

---

## The Riverside Dental Difference 8

---

## Contact Us 9



# Your Smile Makeover with Riverside Dental

## YOUR BRAND NEW SMILE

Did you know that 90% of people view a person's smile as one of their most attractive features? Additionally, smiling is considered one of the most important communication skills a person can use to generate personal and professional success. This leads us to ask the following question: could a smile makeover help you get dressed for success?

At Riverside Dental, we provide smile makeover treatments to those wishing to completely transform the appearance of their smile.

## WHAT IS A SMILE MAKEOVER?

A smile makeover is the process of completely rejuvenating the appearance of your smile through one or more cosmetic dental treatments.

A smile makeover can turn your smile into a personal asset. An attractive smile can radiate pride and confidence in your appearance, and convey positive connotations related to good health.

Through the use of transformative cosmetic treatments we are able to repair chipped, cracked or slightly crooked teeth and brighten your smile.





# Treatment Options

## TEETH WHITENING

Teeth whitening is a simple treatment that can make a dramatic difference to your appearance.

Teeth whitening treatment can lighten your teeth by up to eight shades and last between one to two years depending on your lifestyle. At Riverside Dental, we have sourced the most effective whitening system in the world to give you a rejuvenated radiant smile.

### KöR® Whitening Deep Bleaching™

At Riverside Dental we use KöR® Whitening Deep Bleaching™ - one of the very best tooth whitening treatments on the market which is proven to transform the appearance of your smile. KöR whitening is available for at-home only whitening, and the Deep Bleaching systems include at-home whitening along with one or two in-office whitening visits.

Our teeth whitening treatment:

- Is highly effective on patients of every age and even very high levels of staining
- Uses special trays that prevent the contamination of whitening gel
- by saliva, allowing the whitening gels to work their magic for hours instead of the mere minutes achieved by other whitening systems
- Has the most effective anti-sensitivity approach ever seen

## PORCELAIN VENEERS

Porcelain veneers are one of the most popular and effective methods to create a natural-looking, beautiful smile. A veneer is an extremely thin ceramic casing that is bonded to the front of a tooth. Perfectly tailored to you, porcelain veneers can conceal a range of problems such as crookedness, discolouration and chips.

Porcelain veneers are made from ceramic materials that are incredibly strong, durable and largely stain resistant. The veneer is custom-made and finely sculpted to perfectly shape your smile.

Veneers can be used to conceal and improve a number of smile issues:

- Chipped or cracked teeth
- Discoloured teeth
- Gaps or unwanted spaces between teeth
- Asymmetrical teeth
- Teeth that are too long or too short
- Crooked teeth (that do not require orthodontic attention)
- Teeth with weakened enamel



## PORCELAIN & GOLD CROWNS

A crown is a full coverage restoration used on badly damaged teeth, teeth that have had root canal therapy or on top of a dental implant.

Crowns can be made of either gold or porcelain to blend with other teeth. When choosing the material for your crown, we take into consideration the area where the crown will be placed, the function and the aesthetic requirements. A crown can make your teeth stronger and improve your appearance.

Most crowns last for several years with proper oral hygiene and preventive dental care.

## BRIDGES

A dental bridge is made up of two crowns bonded to an artificial tooth in the middle. These three or four “teeth” form the “bridge” that is bonded into place to solve your missing tooth dilemma. It is made of tooth-coloured materials to match your other teeth.

Along with improving the aesthetics of your smile by replacing missing teeth, a bridge can also improve your oral health as it will keep your remaining natural teeth from drifting in to the space created by the missing teeth, and it will help to preserve your bite and keep your jaw joint functioning normally.

## DENTAL IMPLANTS

Dental implants are the most advanced option for patients looking to replace missing teeth. An implant is a small titanium fixture that serves as an artificial tooth root. Made from medical grade titanium and combined with a custom created dental prosthetic, implant dentistry provides a secure and natural looking long-term replacement for an entire missing tooth.

*The success of implant-supported tooth replacement is corroborated by 20 years of clinical studies. These studies demonstrate functionality and positive aesthetic outcomes are attained by the majority of patients with a cumulative complication rate of only 1% per year.*



## DENTURES

Dentures are a great solution to a single missing tooth, multiple missing teeth or a full mouth restoration. Dentures are removable appliances that can be used to replace one tooth or a full set of teeth. Generally they are constructed out of a type of plastic called acrylic. Plastic teeth are set into pink acrylic to mimic a tooth and gum and are a cost effective option for the replacement of missing teeth. Dentures can also be made out of metal with acrylic teeth and gum attached. These are more widely approved and accepted by patients as they are not as bulky. Over time they do become looser as the gum shrinks and the denture can wear away.

## TEETH STRAIGHTENING

Do you want straighter teeth but you don't want to deal with unsightly, uncomfortable braces? Did you know that there are now multiple options for straightening your teeth almost invisibly? Thanks to some amazing advancements in this specialised field, it is now possible to get the straighter smile you deserve as an adult, without having to wear chunky metal braces.

We are very excited to be able to offer our adult patients several effective and discreet options that we're confident you'll love!

### Invisalign

Invisalign is a revolutionary system which straightens your teeth without the use of any wires or brackets. Better still, you're able to remove the Invisalign clear aligners so you won't have any dietary restrictions while you're undergoing treatment. Each Invisalign aligner is worn for about two weeks, before you move along to the next. Over time the series of aligners gradually move your teeth into their final position.

Constructed of medical-grade plastic using 3D technology, the Invisalign aligners fit over your teeth almost like a mouthguard and are barely noticeable. Most Invisalign patients report little to no discomfort when undergoing the treatment thanks to there being no wires or brackets. It's important to remember that Invisalign aligners need to be worn for at least 22 hours a day to achieve the results desired in the time frame set out; don't forget to put them back in after you eat!





Your choice of dentist is critical to ensure a smooth treatment process and successful outcome of your smile makeover. Choosing an experienced dentist is the first step in improving your oral health, and the appearance of your smile. Cosmetic and restorative dental treatments, such as veneers, crowns and implants, require a wealth of knowledge, skill and experience.

Dr O'Rourke and his team aim to provide a comfortable and relaxed treatment experience. Before we proceed with any treatment, we discuss all the options with our patients to determine their requirements and what they are looking to achieve from their smile makeover.





## Your Brand New Smile

If you would like to find out further information on how a smile makeover could benefit you, simply book an appointment with our friendly team today.

## Contact Us